

# Book to inspire mums

WORKING mothers who struggle to find a balance between family and work are likely to find inspiration in *MotherWho?* by Brisbane-based author Diane Evans and her sister Sharon.

Diane and Sharon have collected 20 stories from mothers of diverse backgrounds, careers and ages who give a frank account of their difficulties and successes in juggling the role of mother and worker.

Diane, 40, along with her husband Barry and their three children Alannah, Kyle and Blake, has first-hand experience with the ca-

reer/mum juggling act.

"When I returned to paid work as a mother, I experienced a lot of stress because of the long working hours and wasn't able to perform at my old level," she said.

Realising that other working mothers faced similar problems, Diane took on a mission to bring together their experiences in the project that eventually became *MotherWho?*

Contributors include performer and writer Kate Ceberano; activist, artist and former athlete Nova Peris-Kneebone; and journalist and author Madonna King.

Diane believes there is no ideal mother.

"Part of dealing with motherhood is accepting that you cannot be perfect, neither as a caregiver nor as a paid worker," she said.

"Compromises are unavoidable."

In addition to its autobiographical stories, *MotherWho?* also provides practical information on childcare, support networks and other issues.

"I hope our book will inspire mothers to deal more effectively with all aspects of motherhood," Diane says.



■ New release ... Brisbane-based author Diane Evans.